

PLAY SIMON SAYS....WITH A TWIST!

What You Need:

- Two space Markers (carpet squares, or hula hoops)

What To Do:

1. Child stands in one of the space markers
2. Explain they should do as you say only when the command is started with the words "Simon Says" and sometimes not.
 - Raise your arms
 - Touch your toes
 - Wiggle your nose
 - Bend and touch your knees
 - Make a funny face
 - Touch your head
 - Touch your shoulders
 - Stand on one foot
 - Blink your eyes
 - Stand up tall
 - Pucker up your lips
 - Put hands on hip
 - Reach for the sky
 - Give yourself a hug
3. If your child obeys a command that you did not start with "Simon says" they have to move back one space. The first one to the Simon is the winner. As the child gets older the commands can increase in difficulty and tempo.