# ROND TO READINESS Local Resources for Parents & Caregivers

# SIGN UP TO STAY IN THE KNOW!



Text "**BestPlace4Kids**" to **274448** to receive local & age-specific alerts on FREE kid-friendly activities, services and resources offered by trusted community partners near you!

## Visit bestplace4kids.com/summer for local resources including:

- Direct links to meal finder/food banks & mobile pantries
- Bill assistance
- Access to free telehealth
- Free cell phone & services for Medicaid recipients
- Free social-emotional learning resources & activities to support your child's development

## **EMERGENCY NUMBERS & LOCAL RESOURCES**

### **ABUSE & INTERVENTION SERVICES**

To Report Child Abuse call: 1-800-252-5400 (txabusehotline.org).

To Report Domestic Abuse, call 877-701-7233 (safehaventc.org) or 817-916-4323 (onesafeplace.org).

### MENTAL HEALTH - SUICIDE PREVENTION - SHELTER

ACH Services offers free 27/4 online & phone counseling for families & youth ages 6-17 dealing with conflict at home, bullying, talk of running away or behavioral problems, call: 817-335-4673 (achservices.org).

ACH Services offers emergency youth shelter at their Fort Worth location: 3712 Wichita Street, Fort Worth, TX 76119 – Or, call: 817-335-4673.

**Lena Pope's Family Helpline** is available if your family is struggling with emotional, behavioral, or mental health challenges. Call: **817-806-9920**.

**MHMR's Tarrant County Crisis Line** is available to talk to a mental health professional about a mental health crisis. Call: **817-335-3022**.

The Help Me Grow Family Resource Line helps families navigate community services for children ages 0-6. Call: 844-689-5437.

The Suicide Prevention hotline is available at 1-800-273-TALK (8255).





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